



Helping Parents and Teens Find **COMMON GROUND**

An Instructor Certification Training

This program is designed to provide professionals with the specific skills needed to repair or enhance the parent-teen relationship.

Youth development experts cite the relationship between parents and teens as the critical element in prevention programs. Parents can and do influence teens to make healthy life-style choices: *stay off drugs, stay in school, make responsible choices, and respect themselves.*

When the parent-teen relationship is disturbed or off-track, it is often difficult to pinpoint how to get it back on-track.

This 3 ½ day training course specifically addresses the underlying reasons that might get in the way of parents and teens working out their differences.

Most professionals know that love and warm regard are not sufficient to solving some of these issues. Both parents and teens must gain self-awareness and effective skills to steer their relationship in a positive direction.

The role of the professional is to facilitate the self-awareness and to teach the needed skills.

This training will teach you strategies, exercises and techniques, and provide an opportunity for you to practice for success!

Participants successfully completing the training will be certified to teach and use COMMON GROUND materials for their clients and for community workshops.

**This training is hosted by
Northern Valley Catholic Social Services
1020 Market Street
Redding, CA 96001
July 8-11, 2003**

\$695 per person - agency and group discounts available

**To register or for more information, contact
Myrna Neims at 352-332-5656 or mrneims@aol.com**